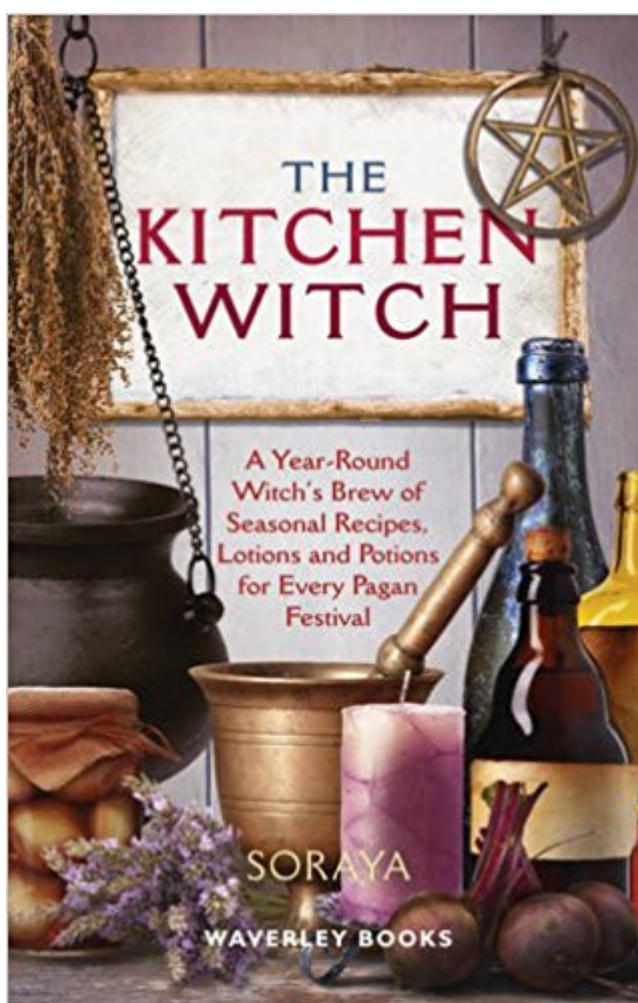


The book was found

The Kitchen Witch: A Year-round Witch's Brew Of Seasonal Recipes, Lotions And Potions For Every Pagan Festival



Synopsis

You don't need to be Wiccan to enjoy this friendly book of home cooking and natural remedies. To the kitchen witch, every recipe is like a little spell bringing the opportunity to create love and positive energy in the home and for loved ones. This year-round guide to seasonal recipes and rituals for all the pagan festivals, will be invaluable to Wiccans wishing to celebrate the good things that are given to us by the land. Wicca is a peaceful, balanced and harmonious way of life. The word 'witch' comes from the words 'wise' or 'wisdom' and witches or Wiccans originally were called 'The Wise Ones.' They also study natural remedies and the influences of the cycles of the moon and the planets. Witches seek to harm no one, knowing that the energy they send out comes back threefold. The Kitchen Witch follows the eight pagan festivals: Samhain, Yule, Imbolc, Ostara, Beltane, Litha, Lughnasadh and Mabon. This book is about being at one with nature, and the four elements. During these festivals birth, life, death, rebirth and union are celebrated. The celebrations involve sharing food with loved ones or friends. Each of the eight festivals has delicious recipes using a variety of seasonal foods and foods commonly found in most kitchens. There is also information on herbs, plants, spices, flowers and essential oils that you can use for spell or circle work, and homemade lotions and potions. This book is a guide for the everyday witch that can be enjoyed by everyone. Soraya is a white witch, and an internationally renowned author and psychic. She writes for The Weekly News, a leading weekly paper. She is the author of Tarot, Spells, Psychic Powers and Runes.

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Customer Reviews

Soraya is a white witch, and an internationally renowned author and psychic. She writes for The Weekly News, a leading weekly paper. She is the author of Tarot, Spells, Psychic Powers and Runes.

I like that she touched base on all the Sabbaths in this book, with a few spells. I will use her recipes as a guide to cook foods related to each Sabbath. She discusses magical properties for the different herbs and spices also. There is not much else the book. Should have a different title. Almost misleading. It's a book of Sabbaths. Not much kitchen here. I do appreciate her way of cooking. As discussed in another review that was speaking negatively on this book and of the authors views on cooking from scratch. Reviewer stated this book made her feel guilty for not having enough time to feed her family in that way. That quote made me purchase this book because wether or not You have time to cook that way, it IS how we should be cooking. Especially if you want to follow a pagan/Wiccan life style "harm none". Processed foods are poisonous. It may not kill you with one bite, but poison it is. What magical recipes would YOU rather cook up in the kitchen? We can always learn new skills. Even better when they are to are families benefit.

Every kitchen should have this book. I spend most of my time in the kitchen and I'm always looking for new and interesting ideas for things to make. This book was very well organized and laid out. I was almost afraid that some of the ingredients would have to be found in specialty shops but I have yet to come across anything like that in this book.

This book is laid out well, interesting, organized, and enjoyable to read. It has history, culinary and magical uses for herbs and spices, and many great recipes that are organized by each festival. The recipes are with common household foods, herbs and spices. I don't have to go searching for crazy, unheard of items.

I really love this book! It's great for celebrating all the Sabbats and for a reference point. It comes organized by Sabbat, explains each one, provides a ritual and then recipes. I've tried out some of the Samhain recipes for the Rosemary Potato Salad and Spicy Butternut Squash. They are absolutely delicious! The only thing I think could be better is if the recipes had exact measurements. I'm not the greatest of cooks, but it would have been very helpful to know where to start.

This book is a great resource for someone starting out on a hearth/kitchen witch path, or for those building a library of Kitchen Witch resources. There is a chapter for each sabbat, with a variety of seasonal recipes for each, as well as corresponding crystals, incense, and a ritual. There are also resources on stocking a magical kitchen, basic recipes for cooking essentials (stock, bread, rice) a convenient herb and spice guide, and also a magical flower guide. The last chapter has information on natural cleaning, lotions and potions. It is only a few pages, so I wish this chapter could have been longer. I would have also liked to see a chapter on moon phases and cooking. Overall, this book is nothing groundbreaking, but it's nice to have all of this information in one place, and the recipes look good, easy, and seasonal (haven't tried any yet). The recipes have both US and Metric units, which is helpful. One of the things i love most about this book are the sweet illustrations on most of the pages. Overall, this is a beautiful addition to my cooking library.

This book was a great ready. A handy reference guide to quickly find out some seasonal recipes for any get together or at home meal. The layout was easy to follow and gave inspiration for personal additions to the guided recipes. This book has made searching for recipes based on the season or sabbat exceptionally handy. Great for newbies or the seasoned Kitchen Witch!

Several excellent recipes for food and other things, as well as a good amount of introductory information on pagan holidays. I'm very pleased with this purchase.

I bought this thinking there would be "lotions and potions" as it says on the cover. Even though it doesn't have any lotion recipes I do enjoy it. It's informative to what food recipes are best for pagan traditions.

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